



## Heather (MacGregor) Nowak

February 10, 1955 - September 22, 2025

Heather (McGregor) Nowak, 70, of New Britain, wife of Glen L. Nowak, passed away Monday (Sept 22, 2025) at her home. Born in Pennsylvania, daughter of the late Charles and Patricia (Keller) McGregor, she came to New Britain in the early 1970's. She graduated from High School in Acton, Mass, received her degree in Education from CCSU and also her Master's in Special Education. Heather worked at several local schools and finished her career at Options in West Hartford, retiring in 2021.

Besides her husband Glen, she leaves a son, Chris A. Nowak of New Britain and his Girlfriend Amanda Rock of Vernon; a daughter, Heather Campbell and her husband Joseph of Berlin; a brother, Christopher Morgan-McGregor and his wife Kari of Rhode Island; a granddaughter, Mia Landry and her mother Moranda Painter of Middletown; a brother in law, Robert Headley of New Hampshire and Florida; several nieces and nephews. She was predeceased by a brother, James McGregor and two sisters, Kathleen McGregor and Shauna Headley.

Calling hours are Monday (September 29, 2025) from 5 to 7 PM at Carlson Funeral Home, 45 Franklin Square, New Britain, followed by a brief prayer at 7 PM. In lieu of flowers, donations may be made to CT Humane Society, Russell Road, Newington, CT 06111. Please share a memory or note of sympathy at [www.carlsonfuneralhome.com](http://www.carlsonfuneralhome.com)

# Previous Events

## Calling Hours

SEP **29**. 5:00 PM - 7:00 PM (ET)

Carlson Funeral Home  
45 Franklin Square  
New Britain, CT 06051  
(860) 225-6361  
carlsonfh@aol.com  
<https://www.carlsonfuneralhome.com/>