



Thomas R. Perniciaro

April 26, 1927 - May 23, 2003

Thomas R. Perniciaro, 76, of Plainville, beloved husband of Helen Buraczynski Perniciaro, died Friday May 23, 2003 at New Britain General Hospital after fighting a courageous battle with cancer. A New Britain native and former resident, he moved to Plainville in 1978. A World War II U.S. Army veteran, he was employed at GE in Plainville for 38 years, retiring in 1992. While working at GE, he owned 2 All Seasons Liquor Stores from 1970 to 1987 and later owned and operated Nutrition Kingdom of Plainville for the past 14 years. He was a member of First Lutheran Church in New Britain and was a former Church Council member. Tom was also a member of VFW Post 511 in New Britain and Friendship Lodge, AF&AM of Southington. Besides his wife Helen, he leaves a son, Robert G. Perniciaro and his wife Annette of Manchester; 2 daughters, June O'Leary and her husband Robert of Southington, and Nancy Giannini and her husband John of New Britain; 2 brothers, Samuel Perniciaro and his wife Muriel of Plainville, and Frank Perniciaro and his wife Theresa of Golden, CO; a sister, Vita Talar and her husband Stanley of Oceanside, CA; 8 grandchildren, Robert T. Perniciaro; Gwen Hyde and her husband Thomas; Douglas, Katie, and Eileen O'Leary; and Gabriel, John, and Alixandria Giannini; 2 great granddaughters, Madison and Lindsay Hyde; several nieces and nephews. He was predeceased by a brother and sister, Anthony Perniciaro and Connie Williams. Thomas will be remembered as a deeply loving, joyful, and committed man. His motto was: "we care", and he cared for all. A wonderful family man, friend, and mentor to

many, he lived and died grateful for the chance to make a difference.

Funeral services are Tuesday 11 AM at First Lutheran Church, 77 Franklin Square, New Britain. Burial with military honors will be in Oak Hill Cemetery, Southington. Calling hours are Monday 3 to 7 PM at the Funeral Home. In lieu of flowers, donations may be made in honor of his grandson, Gabriel to Children's House at Johns Hopkins Hospital 1915 McElderry St., Baltimore, MD 21205 or in honor of Plainville resident, Rhianna Logan c/o The Children's Medical Research Foundation, P.O. Box 70 Western Springs, IL 60558.

Please share a memory of Tom with his family on our online guestbook by clicking "sign memorial guestbook" at the top of the page.

Tribute Wall

TO

“ *My deepest sympathies to the Perniciaro family. Tommy was a great man to know and to work with. May he rest in peace.*

Toby - September 20, 2016 at 12:00 AM

CC

“ *It was with great sadness that I learned of the passing of Mr. Perniciaro. He was a fine gentleman. He was a caring and generous person. It was a pleasure to shop at his Health Food Store. He always had a smile and a kind word to offer. May he rest in peace. He will live in my heart always.*

Camille Chenard - September 20, 2016 at 12:00 AM

RC

“ *God bless you Thomas Perniciaro
What a wonderful and kind man!
A customer at Tom's "Your Health Food Store"*

Reginald J. Chenard - September 20, 2016 at 12:00 AM

SL

“ *Thomas will be missed by our family also,there wasn't a time when we'd enter the store & not be greeted with a smile & to help us with our health needs at any time,was his aim & care.We will always remember him as the Kind,Caring person he always was.May God hold you all in his Loving Care Sincerely:The Lagace Family*

Susan Lagace - September 20, 2016 at 12:00 AM

MC

“ I had the pleasure of knowing Tom at the Nutrition Kingdom. I know one thing; there was no greed in Tom. He was a rarity in today's greed-driven world; he was a fair and honest businessman, and who was always willing to give his customers a break. God saw that, He notices things like that. But there was a lot more than that to Tom. He really did care about people and their well-being. Having known him for a number of years, I could see how good helping other people made him feel inside. I think Tom would have run Nutrition Kingdom even if it was a non-profit organization. He just enjoyed it, because he just truly enjoyed helping people with their problems. God saw that, He notices things like that. Tom was the classic example of where the saying "a heart of gold" came from. He epitomized that saying. Believe me, God saw that, He notices things like that, and there is no doubt in my mind that when God saw that Tom's time was up, He welcomed him with open arms, and told him He was proud of him.

Matthew Careb - September 20, 2016 at 12:00 AM

JO

“ Tom was just the dearest man. I got to know him quite well when he attended some ECKANKAR classes I was teaching when I lived in CT. His innate wisdom, gentleness of spirit and love for all life wa a genuine inspiration to myself and all in our classes.

It was a privilege to know him. I am sure he will be greatly missed. Keeping you all in my heart during this sad time.

Warmly,
Joan Foberg Orshoff

Joan Orshoff - September 20, 2016 at 12:00 AM

VT

“ *We are sorry to hear of your loss. Our deepest sympathy and condolences to the Perniciaro family.*

Vu and Wendy Tinh

Vu Tinh - September 20, 2016 at 12:00 AM

NT

“ Since 1975, we have known the Perniciaro Family . Tom and his family were one of several sponsors of Vietnamese refugees and we were very fortunate to have them as our sponsors from the First Lutheran Church in New Britain. We lived right next door to them back then. They supported and helped us assimilate into our new way of life. Much of our understanding and learning of the American and a little Italian life were through Tom, Helen and their daughters, June and Nancy. We started off as acquaintances, sponsors and foreigners but we developed a strong friendship that had grown through the years. We've watched our children marry, our grandchildren bloom and our families grow. Tom and his family will always have a special place in our hearts.

What strikes me most about Tom is his love of life, his energetic and caring personality, and his sincere desire to help others. Taking on the sponsorship of a family of six and nurturing us through tough times is an awesome and tremendous responsibility. Tom and his family helped us without reserve. We owe our gratitude to the Perniciaro's. I will never forget a conversation I had with Tom. It was regarding the conflicts and political climate in the Asian Pacific Rim. Without going into the details, I will tell you that through our conversation that day, I developed a true sense of Tom's sincere fondness of the Asian community and a wonderful grasp and understanding of the Asian mind-set. It drew me closer to him and made me feel much more welcomed. Tom had been supportive through the years and was a good friend. My family and I will certainly miss him dearly.

Nhi Tinh and family

Nhi Tinh - September 20, 2016 at 12:00 AM

TS

“ We are very sorry for your loss. I was often in the store to get my DGL and Tommy would always be willing to give advice on my stomach problem. He often had my husband and myself try this excercise that made us look like a couple of fish. Of course we would have to try it right there in the store in front of everyone! He was a very nice, caring, and colorful man and will be missed by all. May your memories give you comfort and help you hold Tommy forever in your hearts.

Sincerely,
Tom & Donna Schon

Tom & Donna Schon - September 20, 2016 at 12:00 AM

PJ

“ We met Tom through Nutrition Kingdom. He was a great guy, always willing to help. The kind of guy that really would give you the shirt off his back.

We will miss him.

Some people make things better and some make them worse, Tommy made things better.

Pete, Paula & Ian Joerres - September 20, 2016 at 12:00 AM

SR

“ Our thoughts and prayers go out to Tommy's family. We knew Tommy from Nutrition Kingdom. He was kind, caring and generous to a fault. We will miss him.

Scott & Donna Radcliffe - September 20, 2016 at 12:00 AM

CB

“ *My sincerest condolences to the family. I am praying that God will continue to keep you all strong and in his prayers. I've known Tom for all the years that I worked here at GE 30and also patronize his business at the Nutrition Kingdom. I will miss him very much. Love to the entire family.*

Sincerely,

*Chris Burns
Customer &
GE Co-Worker*

Chris Burns - September 20, 2016 at 12:00 AM

BM

“ *Dear Helen,
I was so glad I got to talk to you on Monday night. Tommy will be remembered fondly in the ECKANKAR community as a really sweet, loving soul. I know he was very special to me.
Sending you love at this very
difficult time - I know you will miss him terribly. I'm glad you have a large and wonderful family to help you through this time.
Barbara Milnes*

Barbara Milnes - September 20, 2016 at 12:00 AM

PJ

“ *May your memories bring you peace and joy. He was a dear wonderful man.*

Your newest family picture shows how close you always will be... You all are wonderful people.

My condolences

*Pat Johnson
New Britain, Ct 06053*

Pat Johnson - September 20, 2016 at 12:00 AM

KM

“ *Dear Nancy, John and Mrs. Perniciaro,
We were very sorry to hear of your loss. We also, are very sorry not to be able to be there for all of you. Please remember you all are in our thoughts and prayers.
May God bless you with wonderful memories.
Love, Kim and Bill Morrow*

Kim and Bill Morrow - September 20, 2016 at 12:00 AM

DM

“ *Deepest sympathies and condolences to the Perniciaro family.*

Donald Martin - September 20, 2016 at 12:00 AM

TH

“ The first time I met "Poppy", I knew he cared for everyone around him. I am sorry that Madison and Lindsay did not get to know their Great-grandfather the way the other grandkids did. They would have been so proud of the many good deeds he did for others. I only hope that through the memories of others they will know how much "Poppy" touched the lives of others, and will strive to follow the command of Jesus to "do unto others as you would have them do unto you." May God bless Thomas Perniciaro

Tom Hyde - September 20, 2016 at 12:00 AM

OB

“ I will surely miss Tom. Whenever I came to get my "supplies" at Nutrition Kingdom we always had a nice conversation. He always had great suggestions and was such a friendly and cheerful person. Always giving out a lot of encouragement. Thank you Tom and God bless you.

On a lighter note he always put in 2 bags of popcorn for me.

*My thoughts and prayers are with the family. May he rest in peace.
Olga Bauer*

Olga Bauer - September 20, 2016 at 12:00 AM

JN

“ I MET TOM THROUGH HIS STORE "NUTRITION KINGDOM" TOM WAS VERY HELPFUL TO ME WITH ADVICE WHEN I WOULD COME IN TO THE STORE. HE CERTAINLY WAS NOT AFRAID TO GIVE ADVICE. HE WAS ALSO VERY GENEROUS WHEN IT CAME TO DISCOUNTING THE PRODUCTS THAT HE SOLD. HE WAS A WONDERFUL GUY. MY FATHER ALBERT NORRIS PASSED AWAY IN 1970. MY DAD ALSO WORKED AT GENERAL ELECTRIC AND ITS VERY LIKELY THAT THEY WORKED THERE AT THE SAME TIME. I WISH I KNEW THAT TOM WORKED THERE I WOULD HAVE ASKED HIM IF HE KNEW MY FATHER. TOM'S AT PEACE WITH THE GOOD LORD NOW. MAY GOD BLESS YOU AND ALL HIS FAMILY AND FRIENDS.
JIM NORRIS

JAMES A. NORRIS - September 20, 2016 at 12:00 AM



“ You often visited McDonalds for a cup of coffee.
Very nice person.

take care

September 20, 2016 at 12:00 AM

SP

“ Tom was more than a brother to me, he was my close friend and teacher. He taught me how to be a better human being. I love him very much and will celebrate his life. His spirit still remains with us, watching over us, and taking care of us, as he did for us all his life. I remember tommy, smiling and celebrating my birthday. You know how he always put others first, before himself even as he was in dire. He was truly an angel, and we will miss him so.
Love, his brother Sam and my wife ,Muriel

Sam Perniciaro - September 20, 2016 at 12:00 AM

JG

“ *Uncle Tom was a very warm loving Uncle who we loved very much We will miss his voice and loving smile. We enjoyed visiting him and spending time with him. We will miss him very much.. We love him and we will always love him, We will keep him in our hearts forever. To My favorite Uncle Tom Love Janice,Bob, Nicole and Monica Gauvin . We will keep his caring and loving spirit alive.*

Janice Gauvin - September 20, 2016 at 12:00 AM

ED

“ *I will surely miss Tom and my prayers go out to Helen and family.*
Love
Emily

Emily I. Davis - September 20, 2016 at 12:00 AM